

NAME:

QUIET TIME



# CHAMPION

## One-Year Daily Devotional

FOR GRADES

**5 & 6**



# Welcome!

**Quiet Time** is a special time that you set aside each day to read God's Word and get to know Him better.

It is also an important part of Olympians, a fun, Bible-centered program for you and your friends! Just like Olympic athletes train to be the very best they can be, your Olympians coaches will help you train to be the best you can be for Jesus!

## **CHALLENGERS**

(grades 1-2)

## **CONQUERORS**

(grades 3-4)

## **CHAMPIONS**

(grades 5-6)



A **Word** of **Life** Ministry

We all get to work together toward the best goal — **Living for Jesus** with all our thoughts, attitudes, words, and actions!

# HOW TO KEEP TRACK OF YOUR PROGRESS

## QUALIFIER

Collect all these items to be a qualifier and get your Qualifier award!

## SERVICE ACTIVITIES

Your Olympians coaches will help you show love for Jesus and others in creative ways that you can do!

## MEMORY VERSES

Keep track of each Bible verse you memorize!

## CHRISTIAN BOOKS

Read some great Christian books just for you!

## FAITHFULNESS

Read your Bible and spend Quiet Time with God regularly. Come to Olympians weekly!

As you finish the **Bronze**, **Silver**, and **Gold** levels you can receive some fine awards to recognize your hard work. **Check them out on the next page.**



**Qualifier Award** **QUALIFIER**

Meeting 1 Meeting 2 Meeting 3 Motto



**BRONZE LEVEL**

TARGET DATE: \_\_\_\_\_

VERSE TEST DATE: \_\_\_\_\_

**MEMORY VERSES**  
7 verses and pass the Test

Genesis 22:8a  
Joshua 1:8a  
Ephesians 2:8-9  
Ephesians 6:1  
John 14:15  
Philippians 2:14  
1 Thessalonians 5:18

**SERVICE ACTIVITIES**

Description: \_\_\_\_\_ Service 1  
Description: \_\_\_\_\_ Service 2  
Description: \_\_\_\_\_ Service 3  
Description: \_\_\_\_\_ Service 4

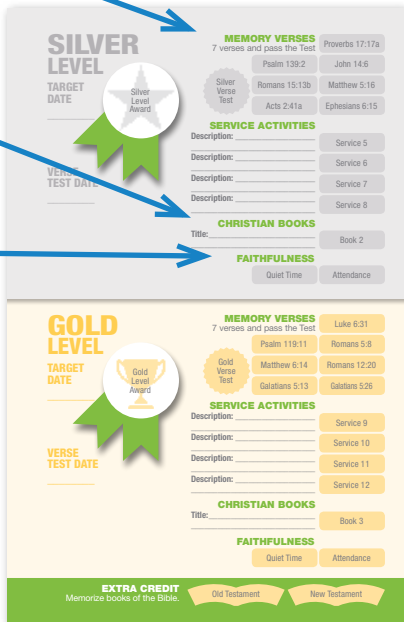
**CHRISTIAN BOOKS**

Title: \_\_\_\_\_ Book 1

**FAITHFULNESS**

Quiet Time Attendance

Detailed instructions on how to use this form and a listing of Service Ideas are located in the initial pages of this Quiz Time booklet.



**SILVER LEVEL**

TARGET DATE: \_\_\_\_\_

VERSE TEST DATE: \_\_\_\_\_

**MEMORY VERSES**  
7 verses and pass the Test

Proverbs 17:17a  
Psalm 139:2  
John 14:6  
Romans 15:13b  
Matthew 5:16  
Acts 2:41a  
Ephesians 6:15

**SERVICE ACTIVITIES**

Description: \_\_\_\_\_ Service 5  
Description: \_\_\_\_\_ Service 6  
Description: \_\_\_\_\_ Service 7  
Description: \_\_\_\_\_ Service 8

**CHRISTIAN BOOKS**

Title: \_\_\_\_\_ Book 2

**FAITHFULNESS**

Quiet Time Attendance

**GOLD LEVEL**

TARGET DATE: \_\_\_\_\_

VERSE TEST DATE: \_\_\_\_\_

**MEMORY VERSES**  
7 verses and pass the Test

Luke 6:31  
Psalm 119:11  
Romans 5:8  
Matthew 6:14  
Romans 12:20  
Galatians 5:13  
Galatians 5:26

**SERVICE ACTIVITIES**

Description: \_\_\_\_\_ Service 9  
Description: \_\_\_\_\_ Service 10  
Description: \_\_\_\_\_ Service 11  
Description: \_\_\_\_\_ Service 12

**CHRISTIAN BOOKS**

Title: \_\_\_\_\_ Book 3

**FAITHFULNESS**

Quiet Time Attendance

**EXTRA CREDIT**  
Memorize books of the Bible.

Old Testament New Testament

# Introducing your Quiet Time

It's a special time that you set aside each day to read God's Word, to get to know Him better, and to learn how He wants you to live. During this time, God speaks to you through His Holy Word, the Bible, and you speak to God through prayer. What an adventure! As a Christian, spending time in God's Word every day is very important for you to grow closer to Him.

**This booklet is divided into two sections:**

## Personal Prayer Journal

A place for you to write your prayer requests and answers to your prayers.

## Daily Quiet Time Pages

Each day has a Scripture passage for you to read and questions or activities to help you understand, think through, and use the truth from God's Word.

### HEY PARENTS!

This Quiet Time provides an easy, fun opportunity to interact with your child about the vital truths of God's Word. Here are some tips to help your child get the most out of their time in God's Word.

- Work together to decide on a regular daily time to set aside for their Quiet Time.
- Work together to decide on a good place to keep their Bible, this Quiet Time, and other supplies needed.
- Be available to help your child find the Bible passages and answer questions they may have.
- Ask your child what the passage was about, what they learned, or how they will live it out.
- Share with your child a way that passage impacts your own life.
- Encourage your child to use the Prayer section, and ask if they would like you to pray for any specific request.

This Quiet Time and Word of Life's Teen/Adult Quiet Time use the same Scripture passages. This makes it easier for your whole family to share and discuss what you have learned with each other.

# Your Daily Quiet Time

## DAILY PASSAGE

Each day, read the verses shown from your Bible.

## WEEKLY INTRODUCTION

Get a sneak peek into what you will learn about each week.

## ACTIVITIES AND QUESTIONS

Complete the activities and answer the questions to better understand the thoughts of the passage and why they are important.

## LIVE IT

Complete this section to put God's Word into action.

## PRAYER

Use this to start off your time talking to God after reading His Words to You. You can also write prayer requests in the front of this Quiet Time. The important thing is to remember to spend time talking to God in prayer.

**Week 1**

**TRIAL:**  
An event to try, prove, or test.

**TEMPTATION:**  
A lure to do evil.

**SUNDAY** JAMES 1:1-8

Trials! What do they do in my life?

**JAMES 1:2**  
A trial is an event to try, prove or test me. Count it all joy \_\_\_\_\_  
I face different kinds of trials. Hu! Does this say "if"?  
**YES / NO / I WISH IT DID**

**JAMES 1:3-4**  
Testing of my \_\_\_\_\_ produces or develops \_\_\_\_\_,  
which makes me: (Circle.)  
**IMMATURE / MATURE (PERFECT) AND  
COMPLETE / INCOMPLETE**

**James 1:5** **LIVE IT!**  
How do I get wisdom?  
 read comic books  social media  ask God  the Internet  
How many people is God willing to give wisdom to?  
 some  a few  all

**James 1:6-8**  
God wants me to ask for wisdom in \_\_\_\_\_ without \_\_\_\_\_ (v. 6).  
A person who is full of doubt and controlled by their feelings (unstable) is called a \_\_\_\_\_ man (v. 8). A way my actions today can show faith and stability is \_\_\_\_\_

**PRAYER:** Prayer: A difficult situation in my own life is \_\_\_\_\_  
Right now I will ask the Lord for wisdom in dealing with this.

## THINGS I NEED FOR MY QUIET TIME:

My Bible • My Quiet Time • Pen or Pencil • A Quiet Place

# My Personal Prayer Diary

## Spend time with God through prayer.

Keeping a Personal Prayer Journal is a great way to remind yourself to pray for specific people and things. It also reminds you to thank God and to tell others when He answers your prayers.

Prayer is the chance you have to talk to the Person who loves you the most. God wants to hear what you're thinking and feeling. He wants you to share anything that is on your heart with Him. He wants that time with you.

### Some ideas of what to talk to God about include:

**FRIENDS AND FAMILY:** safety, health, problems, and those who don't know Jesus as their Savior.

**YOURSELF:** that you will grow in your Christian life and become what God wants you to be. You can pray about any problems or struggles you have.

**MISSIONARIES:** You can ask them for specific prayer requests. Write these on your prayer pages.

**PRAISE TO GOD:** You can praise God for Who He is and His salvation through Jesus.

**THANKS TO GOD:** You can thank God for answered prayers, specific people, and so many other things.

**AUTHORITIES OVER YOU:** Teachers, people in government, pastors, church leaders, and parents.



**TRIAL:**  
An event to try,  
prove, or test.

**TEMPTATION:**  
A lure to do evil.



## SUNDAY

JAMES 1:1-8

Trials! What do they do in my life?

### JAMES 1:2

A trial is an event to try, prove or test me. Count it all joy \_\_\_\_\_  
I face different kinds of trials. Huh! Does this say "if"?

**YES / NO / I WISH IT DID**

### JAMES 1:3-4

Testing of my \_\_\_\_\_ produces or develops \_\_\_\_\_,  
which makes me: (Circle.)

**IMMATURE / MATURE (PERFECT) AND  
COMPLETE / INCOMPLETE**

<b>James 1:5</b>	<b>LIVE IT!</b>
<p>How do I get wisdom?  <input type="checkbox"/> read comic books   <input type="checkbox"/> social media   <input type="checkbox"/> ask God   <input type="checkbox"/> the Internet</p> <p>How many people is God willing to give wisdom to?  <input type="checkbox"/> some   <input type="checkbox"/> a few   <input type="checkbox"/> all</p>	
<b>James 1:6-8</b>	<p>God wants me to ask for wisdom in _____ without _____ (v. 6).</p> <p>A person who is full of doubt and controlled by their feelings (unstable) is called a _____ man (v. 8). A way my actions today can show faith and stability is _____</p>

**PRAYER:** Prayer: A difficult situation in my own life is \_\_\_\_\_.  
Right now I will ask the Lord for wisdom in dealing with this.



## Testing or temptation—What's the difference?

### JAMES 1:13-14

I'll complete the sentences by connecting each half.

- |                            |                       |
|----------------------------|-----------------------|
| <b>Let no one say</b>      | tempt anyone.         |
| <b>God cannot be</b>       | by their own desires. |
| <b>Everyone is tempted</b> | tempted by evil.      |
| <b>God does not</b>        | I am tempted by God.  |

I can't blame \_\_\_\_\_ for my temptations, when I am lured to do evil.

### JAMES 1:16-17

I am warned not to be:  **silly.**  **deceived.**  **foolish.**

What comes from my God Who does not change?

**every good and perfect gift**  **evil and imperfect things**

James 1:12

LIVE IT!

God says I am \_\_\_\_\_ if I endure or

**debtisse**

persevere when being tempted. I can receive the “\_\_\_\_\_

**nworc**

of life,” which God promises to those who love Him.

A temptation I face is: \_\_\_\_\_.

Today, I will endure, not give in, and will choose to do right by:

\_\_\_\_\_.

**PRAYER:** *Today I am praying to God for:*

## Am I a doer or just a hearer?

### JAMES 1:19-20

I should be:

**QUICK TO:**

**SLOW TO:**

\_\_\_\_\_

\_\_\_\_\_

Why? Because \_\_\_\_\_ does not produce \_\_\_\_\_'s righteousness.

### JAMES 1:22, 25

How can I be blessed in my actions?

\_\_\_ a \_\_\_\_, not \_\_\_ a

**2 4      3 10 4 11      8 14 12 13**

\_\_\_\_\_ of \_\_\_\_\_!

**7 4 1 11 4 11      6 10 3 12      15 10 11 3**

**CODE:**

**1-A 2-B 3-D 4-E 6-G 7-H 8-J 10-O 11-R 12-S 13-T 14-U 15-W**

**James 1:26**

**LIVE IT!**

I can control my tongue by being careful of:

what I say.  how I say it.  my tone of voice.  all of these.

**James 1:27**

Do I know anyone who has lost a husband or parent in death? **YES / NO**

I can be a comfort or help to them by: (Write or doodle.)

These were the poorest people when James was written.

Who can I help that is not well off? \_\_\_\_\_

**PRAYER:** *Lord, I pray for an opportunity this week to encourage or help someone. Help me to do it!*

## How do I treat people?

### JAMES 2:1

God says don't:

- play favorites.  be partial or snobby.  be prejudiced.
- all of the above.

It starts with my attitude. Have I ever noticed when someone had an attitude of favoritism? **YES / NO**

It was when: \_\_\_\_\_.

### JAMES 2:2-4, 9

I'll check my heart attitude:

Do I ever treat my friends with cool clothes better than friends with older style clothes? **YES / NO / SOMETIMES**

Do I ever ignore a friend to check out a neat new electronic gadget that another of my friends has? **YES / NO / SOMETIMES**

Do I ever try to be extra nice to someone who I know can do or get nice things for me, and not as nice to someone who can't?

**YES / NO / SOMETIMES**

James 2:8

LIVE IT!

God says I am doing right if I: "\_\_\_\_\_ my neighbor as \_\_\_\_\_."

Today, I'll treat someone the way I would want to be treated by:

\_\_\_\_\_.

**PRAYER:** *Lord, show me how I treat others and help me make any adjustments that I need to make.*

## Faith and works... what's the difference?

**FAITH** - trusting, believing or taking God at His Word; having a confident assurance of unseen things.

**WORKS** - the good deeds done by a believer that could never save anyone, but are proof one is saved when done for Christ.

### JAMES 2:10

How many times did I need to sin (break God's law) to make me guilty of all of it?  70x7  a zillion  once

### JAMES 2:11-13

Everyone has done at least one thing wrong, including me. God's justice demands \_\_\_\_\_ be punished, but in His mercy He sent Jesus to take that

\_\_\_\_\_

punishment for me. \_\_\_\_\_ triumphs over \_\_\_\_\_! (v. 13)  
\_\_\_\_\_ yermc \_\_\_\_\_ ntdgemuje

### James 2:14-18

### LIVE IT!

The difference between faith and works is: \_\_\_\_\_ is how I get saved (Ephesians 2:8-9).

\_\_\_\_\_ are good fruit my life produces after I'm saved, showing proof of my salvation (Galatians 5:22-23).

As my friends and family look at my actions, they'll see proof of my faith in:

- how I treat people around me.
- how I do my work (chores, schoolwork, etc.) for God.
- Other: \_\_\_\_\_

**PRAYER:** *God, I want my life to show that I know You. Help me find different ways I can honor You through my actions. One way I'll do that is: (Write or doodle)*

## Does my faith produce something good?

### JAMES 2:21-22

I will consider Abraham... His \_\_\_\_\_ and his \_\_\_\_\_ were working  
**htfia** **kwsro**

together and his faith was:

**completed / perfected** OR **left incomplete / imperfect** (Circle.)

by what he did.

### JAMES 2:23

God says because Abraham

**questioned God**  **disobeyed God**  **believed God**

he was given credit as being righteous. Wow!

James 2:21, 25

LIVE IT!

Both Abraham's and Rahab's faith impacted their behavior and actions.

Yesterday, I was asked about proof of my faith before my family or friends through my actions. Did my actions prove my faith in the way that I marked?

**YES / NO / PARTLY**

James 2:20, 26

As the body without the spirit is \_\_\_\_\_, so faith without \_\_\_\_\_ is also dead. How can my actions be proof of my living faith today?

**PRAYER:** *God, instead of doubting, help me to wisely choose to believe Your Word and live it out because I believe it!*

## Am I mature or childish?

### JAMES 3:1

Teaching others about God's Word is a great honor and responsibility. God says teachers' words will be \_\_\_\_\_ more strictly than others' words because of that.

### JAMES 3:3-6

My small tongue is a small thing with a big impact. I'll write, doodle, or sketch one of the examples that my tongue is compared to in these verses:

One way my tongue has caused me trouble is:

---

James 3:2, 8

LIVE IT!

Who can tame the tongue?

- politicians**
- everyone**
- no one**

James 3:9-10

I will take time now to think of how I have hurt others with my words. (Check all that apply.)

- I will confess it to God now and think how to make that right.**
- When I want to say something hurtful, I will talk to God before speaking.**

**PRAYER:** *God, help me to control my words, carefully choosing what I say to others. Help me to remember anyone I have hurt with my words so I can make things right with them.*

# Daily Passages

The following chart displays the Bible books and chapters for this year's quiet times. All quiet times cover the same passages each day so the whole family can stay connected to God's Word. Two schedules have been included or you can create your own for your group or family.

## WEEKS 1-30

Week #	Books (Chapters)	2019-20 Academic Schedule	2020 Calendar Schedule
week 1	James 1-3	Aug 25 - Aug 31	Dec 29 - Jan 4
week 2	James 3-5	Sep 1 - Sep 7	Jan 5 - Jan 11
week 3	Genesis 1-5	Sep 8 - Sep 14	Jan 12 - Jan 18
week 4	Genesis 6-11	Sep 15 - Sep 21	Jan 19 - Jan 25
week 5	Matthew 1-5	Sep 22 - Sep 28	Jan 26 - Feb 1
week 6	Matthew 5, 1 Corinthians 1	Sep 29 - Oct 5	Feb 2 - Feb 8
week 7	1 Corinthians 1-3	Oct 6 - Oct 12	Feb 9 - Feb 15
week 8	1 Corinthians 4, Psalms 1-2, Proverbs 1	Oct 13 - Oct 19	Feb 16 - Feb 22
week 9	Genesis 12-22	Oct 20 - Oct 26	Feb 23 - Feb 29
week 10	1 Corinthians 5-8	Oct 27 - Nov 2	Mar 1 - Mar 7
week 11	1 Corinthians 9-10, Genesis 24	Nov 3 - Nov 9	Mar 8 - Mar 14
week 12	Genesis 24-29	Nov 10 - Nov 16	Mar 15 - Mar 21
week 13	Genesis 31-35, 2 Peter 1	Nov 17 - Nov 23	Mar 22 - Mar 28
week 14	2 Peter 1-3	Nov 24 - Nov 30	Mar 29 - Apr 4
week 15	1 Corinthians 10-12	Dec 1 - Dec 7	Apr 5 - Apr 11
week 16	1 Corinthians 12-14, Matthew 8	Dec 8 - Dec 14	Apr 12 - Apr 18
week 17	Matthew 8-10	Dec 15 - Dec 21	Apr 19 - Apr 25
week 18	Matthew 11-12, Genesis 37	Dec 22 - Dec 28	Apr 26 - May 2
week 19	Genesis 37-41	Dec 29 - Jan 4	May 3 - May 9
week 20	Genesis 42-45	Jan 5 - Jan 11	May 10 - May 16
week 21	Genesis 45-50, Matthew 13	Jan 12 - Jan 18	May 17 - May 23
week 22	Matthew 13-16	Jan 19 - Jan 25	May 24 - May 30
week 23	Galatians 1-3	Jan 26 - Feb 1	May 31 - Jun 6
week 24	Galatians 3-4	Feb 2 - Feb 8	Jun 7 - Jun 13
week 25	Galatians 5-6	Feb 9 - Feb 15	Jun 14 - Jun 20
week 26	Matthew 16-18	Feb 16 - Feb 22	Jun 21 - Jun 27
week 27	Matthew 18-20, Nehemiah 1	Feb 23 - Feb 29	Jun 28 - Jul 4
week 28	Nehemiah 2-5	Mar 1 - Mar 7	Jul 5 - Jul 11
week 29	Nehemiah 5-9	Mar 8 - Mar 14	Jul 12 - Jul 18
week 30	Nehemiah 9-13, Matthew 20	Mar 15 - Mar 21	Jul 19 - Jul 25

<b>Week #</b>	<b>Books (Chapters)</b>	<b>2019-20 Academic Schedule</b>	<b>2020 Calendar Schedule</b>
week 31	Matthew 21-22	Mar 22 - Mar 28	Jul 26 - Aug 1
week 32	Matthew 23-24, 1 Corinthians 15	Mar 29 - Apr 4	Aug 2 - Aug 8
week 33	1 Corinthians 15-16	Apr 5 - Apr 11	Aug 9 - Aug 15
week 34	Matthew 25-26	Apr 12 - Apr 18	Aug 16 - Aug 22
week 35	Matthew 26-28	Apr 19 - Apr 25	Aug 23 - Aug 29
week 36	Jude, Psalm 22	Apr 26 - May 2	Aug 30 - Sep 5
week 37	Psalms 23-27, Proverbs 2-3	May 3 - May 9	Sep 6 - Sep 12
week 38	1 Timothy 1-4	May 10 - May 16	Sep 13 - Sep 19
week 39	1 Timothy 4-6	May 17 - May 23	Sep 20 - Sep 26
week 40	Psalms 37, 46, Proverbs 4	May 24 - May 30	Sep 27 - Oct 3
week 41	Mark 1-3	May 31 - Jun 6	Oct 4 - Oct 10
week 42	Mark 3-5	Jun 7 - Jun 13	Oct 11 - Oct 17
week 43	1 Thessalonians 1-3	Jun 14 - Jun 20	Oct 18 - Oct 24
week 44	1 Thessalonians 4-5	Jun 21 - Jun 27	Oct 25 - Oct 31
week 45	Mark 5-7	Jun 28 - Jul 4	Nov 1 - Nov 7
week 46	Mark 7-9	Jul 5 - Jul 11	Nov 8 - Nov 14
week 47	Mark 9-10, Psalm 19	Jul 12 - Jul 18	Nov 15 - Nov 21
week 48	Ecclesiastes 1-12	Jul 19 - Jul 25	Nov 22 - Nov 28
week 49	Psalms 51, 53, Proverbs 6-8	Jul 26 - Aug 1	Nov 29 - Dec 5
week 50	Mark 11-13	Aug 2 - Aug 8	Dec 6 - Dec 12
week 51	Mark 13-14	Aug 9 - Aug 15	Dec 13 - Dec 19
week 52	Mark 14-16	Aug 16 - Aug 22	Dec 20 - Dec 26

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